











- 18 Lily's drug hell
- 22 Caitlyn's first kiss
- 30 **Kardashian** waist wars
- 34 **Sofia** and **Joe**'s big news!
- 36 Hollywood's hottest sex secrets revealed!
- **Taylor**'s squad rules
- 24 Paris Fashion Week

STYLE

- 46 Hot Or Not
- 50 InstaGlam
- 58 Smoky eye update
- 64 Stars
- **66** Puzzles
- Music, TV & Movies
- **73** Reality Weekly
- 82 Star Spy
- Wait! There's More!

And we call this work? Hey, **GET A DAILY** DOSE



Tell us what you think facebook. com/nw magazine



Check out all the Instagram antics at @nwmag



Follow us on Twitter at @nwmag



Get breaking news and goss online at nwonline. com.au

Mark Brandon EDITOR

and Joe Manganiello.

someone's gotta do it!

Enjoy the issue!

feet! This dress is too tight, I look like

she and our Assistant Picture Editor

chatted to and snapped a selfie) with Magic Mike stars Channing Tatum

Emma bumped and grinded (OK,

I'm going to catch a fish in it." The next night she backed it up as

PRIVACY NOTICE: This issue of NW published by Bauer Media Ltd may contain offers, competitions or surveys that require you to provide information about yourself if you choose to enter or take part in them (Reader Offer). If you provide information about yourself to Bauer Media, Bauer Media will use this information to provide you with the products or services you have requested, and may supply your information to contractors that help Bauer Media to do this. Bauer Media will also use your information in form you of other Bauer Media publications, products, services and events. Bauer Media may also give your information to organisations that are providing special prizes or offers and that are clearly associated with the Reader Offer. Unless you tell us not to, we may give your information to other organisations that may use it to inform you about other products, services or events or to give to other organisations that may use it to inform you about other products, services or events or to give to other organisations that may use it to first purpose. If you would like to gain access to the information Bauer Media holds about you, please contact Bauer Media's Privacy Officer at Bauer Media Ltd, 54-58 Park St, Sydney NSW 2000.







bootcamp and gym sessions on top of regular boxing classes, swimming, hiking, jogging - all the while documenting the sizzling results on social media (see our story on page 30).

"Exercise is a positive thing that everyone should try to do for themselves," she says. We hear you, sister!

Unsurprisingly, Kourtney's killer bod has been turning heads left, right and centre.

In fact, now that she's back on the market, the 36-year-old has rich, famous fellas galore blowing up her phone, from her former flame Joe Francis to newly buff singer Justin Bieber (hey, we would!).

Needless to say, Kourt's also got the full support of her loval sisters Kim, Khloe, Kendall and Kylie.

The reality klan have been rallying around their big sis in her hour of need, keeping her distractied with plenty of girlie lunches and family outings to Disneyland.

Unfortunately, the same can't be said for Kourtney's vocal stepbrother Brody Jenner.

The son of the Kardashian sisters' former stepdad Caitlyn has instead distanced himself, sniping, "They're not even technically my family anymore." Ouch!

Still, that didn't stop the 31-year-old weighing in on the incriminating snaps of Scott canoodling with his Hollywood-stylist ex, 25, in Monaco earlier this month.

"When I saw those pictures, I said, 'Uh-oh," he told NBC's Today. "I even showed my girlfriend [Kaitlynn Carter] and said, 'This isn't good.' But it's unfortunate...





JOE FRANCIS

Kourt and Girls Gone Wild founder Joe, 42, dated way back and have stayed close ever since – he even introduced her to Scott at a party in 2007. A friend says Joe's her dream guy and "the one who got away", but while they've both moved on (Joe has twins with partner Abbey), it sounds like he still fancies Kourt. He say



JUSTIN BIEBER

time, not a long time, family friend Biebs could be her go-to! Yes, he's only 21, but he's great with her son Mason, five. And he gave her recent Instagram bikin pic a big, fat like! "He's crushed on her for years." says a pal.



DRAKE

her old pal Drake
a call. After all, the
rapper has said his
ideal girl needs to be
"funny, driven and...
someone like
a business owner."
Tick, tick and tick! Plus the muso, 28, jus so happens to be rocking the most banging rig ever



around together. "Scott and Chloe have known each other for years," spills a source. "Scott always painted their relationship as nothing more than friends but that's not true."

Indeed, the sneaky duo have been sneaking time alone since 2009...

2009

A stroll on Canon Drive in Beverly Hills ends with them disappearing into a building

And while Kourt is yet to make an official announement, she's decided her life's going in one direction only - forwards!

2010

The coy couple are

busted emerging

from a romantic

lunch for two in

Beverly Hills.

"For the first time in a long time, Kourt's in the driver's seat - and it feels good," says an insider. "One day, Scott's going to look back and kick himself for losing the best thing that ever happened to him."



the locks on their Calabasas home, while an assistant was last week seen removing Scott's clothes and possessions from the family mansion and





to the next level – we hear they've already shacked up!

Yup, insiders say Chloe's already settled in at the \$4.95

million, five-bedroom Beverly Hills bachelor pad Scott

bought for himself last December. What's more, it's just

a 30-minute drive from his family home in Calabasas.

"It's a kick in the teeth for Kourtney," says an insider.

Scott shows Chlo

his brand-new

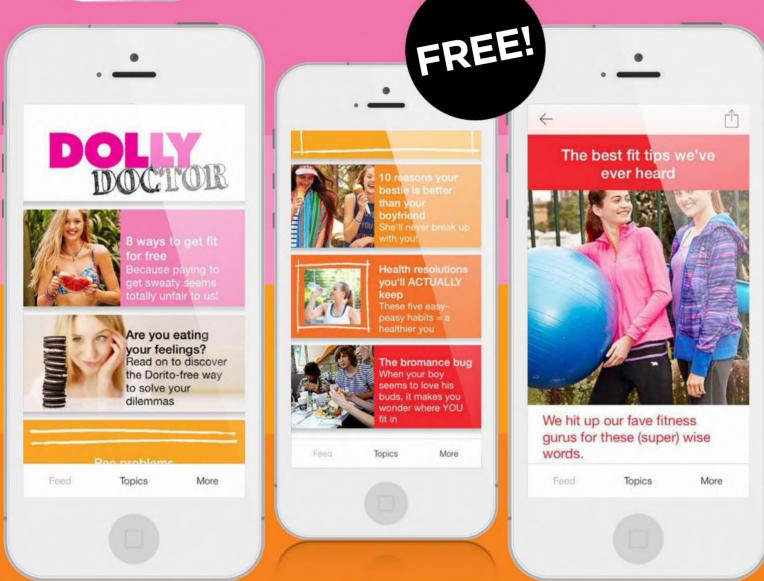
Rolls-Royce before

taking her for a

spin around LA



DOLLY DOCTOR ANSWERS ALL YOUR QUESTIONS



FASHION & BEAUTY TIPS / HOW-TO VIDEOS / EVENT COVERAGE **INTERVIEWS & MORE!**

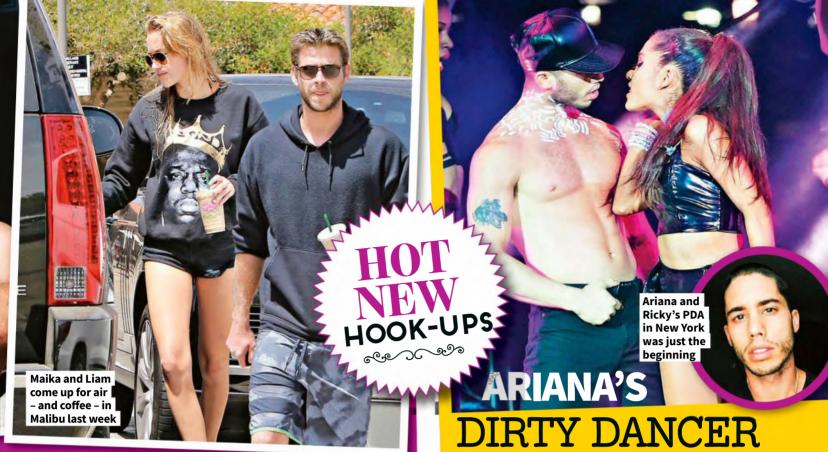
Search for **Dolly Doctor** on the App Store











-CILICE ...she's just being Miley!

the stunning Miley look-alike hook, line and sinker.

"Maika makes him laugh all day long. They're adorable together," dishes a source. "Liam thinks Maika's the coolest girl he's ever met."

But unlike show-stopping, chart-topping Miley, 22 whose increasingly outrageous antics reportedly put an end to her four-year romance with the actor - Maika prefers to lead a low-key life.

"Maika's smart and down-toearth," adds the insider. "She has a zero-drama personality, something Liam was attracted to immediately."

What's more, as a professional kiteboarder, Maika, 22, shares avid surfer Liam's hunger for adventurous on-water activities.

As such, they have a heap of fun dates lined up, including beach hangs and camping trips - that's if they can keep their hands off each other long enough to, ahem, pitch a tent!

Indeed, the duo turned the heat right up with a steamy pash sesh at the bar during a Fourth Of July party thrown by director Roland Emmerich.

"His hand was on her butt as she was grinding into him," spills an eyewitness.

Someone pass us a fan! ■

Ariana Grande went from America's Sweetheart to Most Wanted after she raised hell in a Wolfee Donuts store at Lake Elsinore, California and we hear her new back-up dancer beau Ricky Alvarez is likely behind her bad-girl behaviour!

Yep, claims she licked and spat on a tray of sugary treats didn't go down well with the public, who were

further infuriated when surveillance footage emerged allegedly showing her saying, "I hate Americans!" Craving more, er, dessert, Ariana then turned her tongue on Ricky. who she'd openly kissed at the New York Pride Parade days earlier.

From public pashing to spitting on donuts? It seems Ricky could be a bad influence...

Miranda's billionaire bad boy



The 32-year-old looked pretty loved-up after landing at LAX recently, just days after enjoying a date with Snapchat CEO Evan Spiegel.

We're not sure it will last, though. He may have around \$2 billion in the bank, but the 25-year-old is lacking in the chivalry department!

Last year, a trove of emails from his time at Stanford University emerged in which he boasts about partying with "1 kilo of blow" and tells friends, "Hope at least six girl[s] sucked your d**ks last night". Charming!

THANK YOU TO EVERYONE FOR THIS WEEKEND

Thanks again for everything Champions.

THE TRAIN TO RAGEDOM DIDN'T STOP FOR ANYTHING/ANYONE

our pledge class is currently dominating the last out of everything and if I hear one more freshman tell me how much they love kappa sigma ill probably get so excited ill punch them in the face

this has happened because we have all been having a last better.

so, give yourself a pat on the back or have some girl put your large kappa sigma and down her



What's more we're told the shelps

What's more, we're told the clucky couple – who are already proud parents to Harlow, seven, and five-year old Sparrow – could even be one step closer to realising Nicole's lifelong dream of having "twin boys" after undergoing a successful round of IVF treatment.

"I want five children," Nicole gushed a couple of years back. "Twin boys and three girls. I've wanted that since I was a little girl."

Fingers crossed for a double delivery then!

And while it's hardly surprising that juggling parenthood and busy international careers has seen Joel and Nic go through more than their fair share of rough patches during their five-year marriage, a baby — or two! — could be just the thing to put them back on the right path.

Great news, guys! ■



Nicole and Joel may
be gearing up to bust
out the baby booties once
more, but Joel's twin brother Benji and
his wife Cameron Diaz aren't having
nearly as much luck.

While she's trying every trick in the book to fall pregnant, we're told Cam, 42, has been desperately trying to conceive ever since she and Benji tied the knot in January.

"She is doing everything she can to get pregnant, like working out and eating fertility-boosting foods, and she's even resorted to scheduling sex," reveals an insider. "But it's not happening and she's freaking out! If Cam doesn't get pregnant this month, she's going to see a fertility specialist."







Indeed, after describing life as a stay-at-home mum as "quite boring", Lily made her return to the stage in 2013.

Now, despite telling pals she's making a bid to "grow up" and hasn't had a drink for the past seven months, word is Lily's fallen head-first back into her old ways, leaving her career, marriage and health hanging in the balance.

"It's like she's having amnesia about all the reasons she got away from that scene," an insider tells *NW*.

"She has always said that meeting Sam and settling down with him saved her, so it's horrific to see her going backwards like this." ■

Hard-partying Shia LaBeouf, 29, is in hot water again after causing more than \$2000 worth of damage to his private suite during a booze-fuelled rampage at a North Dakota hotel!

"He'd hurt his head and hand badly on set after a stunt went wrong – the place was splattered with blood and there were bandages strewn all over the room" says a shorked eventions. After being hospitalised and getting 30 stitches, you might think Shia – who's currently filming American Honey – would want to take it easy – but the actor had other plans...

"There were empty bottles of booze everywhere and cigarette butts had been put out in sinks, tables and all over the carpet," adds the source. "It was gross."



The actor was still sporting bandages from his stint in hospital!









Half of all Australian adults now own a tablet – and in fact 70 percent use three or more different devices online.

Connecting to the world is more important than ever.

Now Vodafone has a better way to do it.

A plan that suits you

If you find you're always running out of data on your smartphone, but never coming close on your tablet, why not put that unused data to good use? Vodafone Shared lets you make the most of every last kB by allowing you to share data across your devices.

To start sharing you need to be on an eligible Red plan. All Vodafone Red plans come with plenty of data, infinite standard national talk and TXT, plus 300 international minutes to call the world. All to use in Oz.

Going travelling? Take your Shared plans with you

You can now take your phone or

tablet with you when you travel to 47 selected countries for just \$5 extra a day (per device).

Keep entertained

Got Spotify Premium, Stan or a SMH/The Age subscription on Red? Find out how Shared plans can get in on the action, too. Stan data comes from your plan allowance, so use Wi-Fi when at home.

Stay in control

Every Shared plan sends out a Vodafone Alert when you reach 50%, 85% and 100% of your shared inclusions, or simply access the My Vodafone app to keep an eye on your usage at any time.

Every Vodafone Red plan has plenty of data, infinite standard national talk and TXT, plus 300 international mins. All to use in Oz. It's up to you how you want to share it.

TO SHARE
Add a plan for your
tablet to share the data.
or add plans for your
phone and share all the
great inclusions.



ONE PLAN = ONE BILL

Bring up to 10 of your devices together on one easy to manage bill.



vodafone

Head in store today, or go online at vodafone.com.au/shared for more info call us on 1300 100 799

Vodafone Shared: Personal use only. Eligible Red plans are \$50, \$60, \$80 Red SIM Only Plan or \$70, \$80, \$100 Red plan (Primary Plan). Primary Plan is needed to buy a Shared plan or Shared data plan (Vodafone Shared Plan). Approved Customers only with up to 9 Vodafone Shared Plans allowed. Can't share Talk International Add-on mins. If Primary Plan is disconnected, any Vodafone Shared Plans and Vodafone Shared Plans, go to vodafone.com.au/shared. \$\$5 Roaming: Available to eligible customers for use in selected countries. \$\$5 daily charge is in addition to minimum monthly spend. Customers who join or change to an eligible Plan will automatically be opted into \$\$5 Roaming. All other eligible customers must choose to opt-in. Excludes Vodafone to Vodafone minutes for non-Red Plan customers. May be used for a may 90 days in any calendar year. Full details at Vodafone.com.au/roaming. Opt-out at any time. Visit MyVodafone.com.au/ or call 1555. All roaming services subject to network availability. Offer ends 1 December 2015, unless extended. Data: Services subject to device capabilities, network limitations and customer location. International Calls: Calls charged in per minute increments. For rates over allocated minute allowance see vodafone.com.au/IDD. Spotify, Stan, Fairfax: Compatible devices only. Offer applies to monthly access fees only. Usually \$10.00/mth (Stan), \$11.99/mth (Spotify) or \$15/mth (SMH/The Age). Choice of 1 of three content choices on offer. All content, especially video, will consume data. You can use these content offers on any Wifi connection. Spotify access starts when you activate your Vodafone account not when you activate with Spotify. Stan and SMH/The Age offer period starts when you activate your Stan or SMH/The Age service. Extra data will be automatically added at \$10/GB. You must be 18+ to subscribe to Stan. Full terms at http://www.vodafone.com.au/entertainment





This, Sweek's S QUESTIONS

Cheat's guide to all the goss!

WHEN DID **ANGE'S KIDS GROW UP?**

It seems like only vesterday that Brad Pitt and Angelina Jolie's tots were knee-high to a grasshopper – but those days are long gone! When the family touched down in LA last week, 13-year-old Maddox was already rivalling his leggy mum in height!

But he's not the only one doing some growing up - 10-year-old Zahara seems to be wearing make-up, while Pax, 11, Shiloh, nine, and six-year-old twins Vivienne and Knox have practically doubled in size! Brad clearly isn't sad about bidding farewell to his broods' younger years, though.

"You learn to value the basic beauty of family, of watching your children grow and evolve," the 51-year-old says. "It's the most beautiful thing you can experience."

The Canadian

co-stars make

an attractive couple, eh?



HAS RACH FINALLY FOUND TRUE LOVE?

After failed relationships with hunky actors Ryan Gosling,

Michael Sheen and Jake Gyllenhaal, Rachel McAdams may have finally found lasting love with her True Detective costar Taylor Kitsch! We hear Rachel, 36,

"It hasn't been long," spills an insider. "But it's serious." and Taylor, 34 – who were

Yeah, seriously cute!

working together.

spotted in Hollywood enjoying

Italian restaurant Osteria Mozza last month - have been friends

for years, but things only turned

romantic once they started

a romantic dinner date at upscale



fame Brooklyn's Instagram account is a who's who





This Sueek's DUESTIONS Cheat's guide to all the goss!







They've been on and off more times than Joe Manganiello's pants, but after attending two of the Grateful Dead's farewell gigs in Chicago, Katy Perry and John Mayer have put their March split well and truly behind them. In fact, they're taking their relationship all the way down the aisle!

"They reunited with the express purpose of eventually getting married, and the buzz is they'll confirm their engagement at the end of the month," reveals an exclusive insider. "Even though they've been through a lot, John is sure Katy's the woman he wants to spend the rest of his life with and, more importantly, be the mother of his children."

Well, you know what they say, John – put a ring on it!





Troubling rumours are swirling that Rihanna's Bitch Better Have My Money music video - in which she kidnaps and kills a swindling accountant and his wife - could be a case of art imitating life!

Yep, a number of media outlets are reporting that the 27-year-old's former accountant Peter Gounis - who she settled a lawsuit with last year after

his financial advice saw her lose most of her fortune back in 2009 – has turned up on the NYPD's missing persons list!

Before you go screaming blue murder, though, The Washington Post found no evidence to support the rumours, describing the clip as "sevenminute dose of wish fulfillment." Phew!



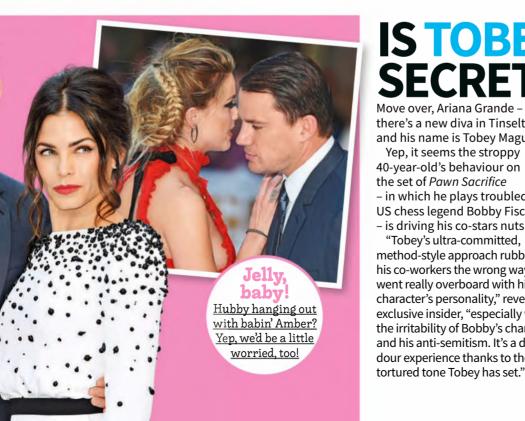
They might seem like one of Hollywood's cutest couples, but Robert Pattinson's pals are worried that his fiancée FKA twigs is turning him into a total recluse!

"He's changed," spills our insider. "Before, he'd love joining his mates at the pub for a pint, but you can't drag him out for love nor money.

'She makes him feel bad for being famous and overshadowing her work, but the fact he's dropping out of so many things is not good for his own career. She definitely wears the pants.

Everyone's worried she's bad for him."







and his anti-semitism. It's a dark,

dour experience thanks to the





Kardashian waist wars! Kardashian waist wars! Kardashian waist wars! lieve this is the size of TOO SKINNY and Kylie prefer to drastically Meanwhile, limit their kilojoule intake to Dr Rohit ensure their midriffs stay as trim Kumar of as possible (in what has been costhetics.com.au, dubbed the 'corset diet'), Kourt, adds that waist trainers Kim and Khloe are convinced can also "increase the risk of waist trainers are the way to go. internal herniations or In fact, the siblings can't stop conditions such as reflux". singing the praises of the But no-one seems to have controversial, constrictive told Kim, who - despite being devices on social media, four months pregnant with her regularly plugging them as a fast second child with Kanye West and easy way to get killer curves. - admits she's "really obsessed "I love my waist trainer," with waist training", much to gushes Khloe, 31, who likes to the horror of health experts. "By preventing the work out in her eye-wateringly abdomen from expanding, tight Ann Chery number. And just six weeks after not only are you putting the baby at risk by potentially giving birth to her third child Reign in December, Kourtney, stunting its growth, 36, was already back to her but internal organs pre-baby figure thanks to also change as her Waist Gang Society model. the pregnancy But while it all seems like progresses," says Dr Kumar. harmless - if slightly painful fun on the surface, experts say "Unnecessary the girls are actually putting their health in real danger. "Waist trainers can place excessive compression on organs, particularly the lungs, liver and intestines, leading to long-term complications," warns Sydney personal trainer Jake Lynch. KONCERNS FOR KENDALL Jake estimated Kenny's waist to be 58cm - or roughly the diameter of a small dinner plate! - during Paris Fashion . Week. And her diet is a worry, too - Kendall says she downs "12 cups" of detox tea a day!

NWnews²

pressure can be placed on the uterus, which could lead to issues such as growth retardation, compromising foetal blood supply and even foetal death."

Worryingly though, it seems Kim, 34, is willing to go to great lengths to avoid the feelings of insecurity she experienced due to weight gain during her first pregnancy.

"I felt probably the lowest I have ever felt in my life," says the reality star.

As for Kendall - who says she was shamed for being too skinny when she first started working the catwalk - the already-slim 19-year-old has become fixated on whittling her midriff even further, losing centimetres at an alarming rate.

"I'll run to a gym and get on the treadmill," the iconic model spills of her obsessive routine. "I [also] do a lot of ab work and planking."

Over in Kylie's corner, the 17-year-old has copied big sis Kim by blowing up her behind to make her slender tum appear even smaller!

On top of that, she's turned to extreme 28-day tea detoxes in a bid to do away with every last speck of flab.

"She's feeling the pressure to be perfect... comparing herself to Kendall, who's, like, a size-zero," says a source.

Relax, girls - you're gorgeous as you are! ■

Do waist trainers work?

Manufacturers claim these corsetlike garments reshape the waist, stimulate perspiration to expel harsh toxins and strengthen the core, but experts say those after long-term results will be disappointed. In fact, celeb trainer **Nicole Glor reckons wearing** a waist trainer during exercise, like Khloe does, actually decreases core strength, by decreasing mobility and restricting breathing.

"It can really affect your ability to work hard," she says. "Plus, I would worry about back acne from the tight apparatus and extra sweat." Ew... So would we!









Is Cheryl wasting away?

She's always been on the slender side, but British pop star Cheryl Fernandez-Versini's skinny shape had fans in a frenzy last week!

While the 32-year-old UK X Factor judge was all smiles as she greeted the crowd outside the show's Manchester auditions, her frighteningly frail frame – showcased in a rib-baring Mugler crop top – prompted a flurry of concerned tweets.

"Love Cheryl but she is so thin, not healthy for a woman her age to have a figure like that," one fan wrote, while another asked, "Is Cheryl ok? She's a beautiful girl, but she's very thin."

Despite widespread worries for her wellbeing, her French restaurateur hubby Jean-Bernard reckons his missus is perfection.

"She is the most beautiful woman on the planet... No seriously she is," he wrote on Instagram, defending his wife.

"Now for the hater, please continue talking #wasteofenergy." At least she has support!







re pregnant!

There's little chance of that happening – the 42-year-old already looked very much in the family way when she rocked a noticeably rounder tum during a recent spot of retail therapy in Beverly Hills!

"Sofia's always had a set of curves to die for, but you could clearly see her swollen belly beneath the baggy white top she was wearing," notes an onlooker.

"She was glowing and couldn't keep the smile off her face."

We can only guess how excited her other half must be – it's long been his dream to become a dad and Sofia, who already has 22-year-old son Manolo, is more than happy to make it come true! "Joe is younger than me. He's 38. He's never had kids," she says. "How am I going to say no?"

But he's not the only one keen to be Sofia's babydaddy! After splitting from the actress last year, her ex Nick Loeb is

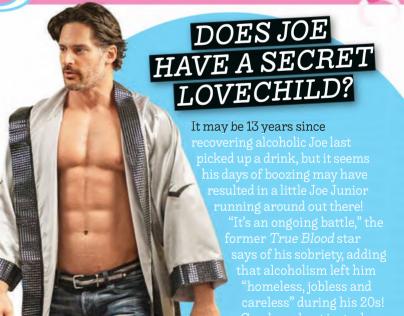
fighting in court to acquire
two embryos they had
frozen so that he can
have their child via
a surrogate!

THIS, WE HAVE
TO DO IT
TO DO
TO IT
TO DO IT
TO D

shopping in Sydney last week –have better things to focus on, like getting hitched later this year!

"It's going to happen soon," Sofia teases. "Very far away [in a] very secret place where nobody is going to find us."

Just as long as you remember to invite us, hot mamma! ■



NWonline.com.au 35

Wilmer Valderrama, 35, told radio host Howard Stern back in 2006 that his ex Lindsay Lohan, 29, was one of the best lays he's ever had, adding that she was a" big fan of waxing". Ew. TMI!

Whose bilingual tendencies are a turn-off and who's off-the-scale amazing? Read on to find out who sizzles and who fizzles in the sack!



KING OF THE

FKA twigs is a lucky

girl! One of Robert

Pattinson's former

National Enquirer that

is an expert at sexual

healing! "No matter

in bed," she reveals.

how much we fought,

it was always amazing

lovers told the

the 29-year-old

MAKE-UP SEX

LIGHT ON THE TIP OF HIS TONGUE...

Perhaps Jennifer Garner, 43, is better off without Ben Affleck, 42. "He gave me oral sex," says stripper Tammy Morris, who claims to have bedded Ben while he was still engaged to Jennifer Lopez in 2003. "It wasn't the greatest... out it was Ben Affleck.



ECRETS EXPOSED!



GUESS WHO?

- This lovely Latina is said to be as good in the sack as she is loud. "If she enjoys what you're doing," says a source, "she'll scream so loud that the windows will rattle."
- Which A-list action star likes to get things going with toys? Literally! A wouldbe conquest did a runner after he showed her the collection of 50 china dolls on his bed.
- This up-and-coming
 B-list bloke likes it, er,
 ruff in the bedroom. "He made
 weird growling noises at a
 crucial moment," giggles one
 former lover. "It put me off."
- This outspoken rapper couldn't help but "look at himself in the mirror the whole time", says a former flame. "He's a selfish lover."
- Which sizzling young pop princess has a stash of freaky sex toys?
 "Her 'fun drawer' looks like something you'd see in a horror movie," reveals a source.

Bradley Cooper, 40, may have a Casanova rep, but not everyone's down with the charm. According to a source, the actor's "dull as dishwater in bed... He talks in nonstop French because he thinks it's a turn-on, but it's like being in bed with Pepe Le Pew!"

That stinks!



During their 2012 split, Rob Kardashian, 28, accused Rita Ora, 24, of cheating with "multiple men". The Brit singer hit back, tweeting, "Rob's d*ck was wack, I had to go get it

somewhere

else." Low

blow!

Rita Ora 1

Rob's dick was wack, I had to go get it somewhere else.

The W*E*E*K

^cHey, it's the next best thing to being there!







Stepping out for brunch at Downtown Cipriani in New York, Kim Kardashian and daughter North pledge allegiance to military style by donning army and navy themed outfits for US Independence Day. How very patriotic of them! The dapper duo later joined Kanye West to watch the Macy's fireworks from a pal's yacht. As you do.



























Don't Go Grey...







Find your most natural shade





With a choice of 42 shades, you'll find the perfect shade for you. Nice'n Easy with its blend of 3 salon tones in every shade, gives you natural looking colour. So you can be confident the results will look as good as they make you feel.

100% GREY COVERAGE









Don't Go Grey...
Find your most natural shade



With a choice of **42 shades**, you'll find the perfect shade for you. Nice'n Easy with its blend of 3 salon tones in every shade, gives you natural looking colour. So you can be confident **the results will look** as good as they make you feel.



100% GREY COVERAGE













Whether you want to go all-out like Olivia and Adriana or try Emily's subtle take, there's a hot new way to wear a smoky eye. The key is to wing it out and up towards the end of your brow and blend for smouldering peepers.

How-to

"Start by measuring out your look with a light taupe pencil or eyeshadow," advises Revlon make-up director Melanie Burnicle.

2"Hold up a brush to create the angle of the line for your wing. Using your liner, place a dot where you want the wing tip to be and, using fine strokes, create a line into the outer corner of your eye."

"From the tip, draw a straight line in towards your eye socket and then down towards your lash line. Fill area with liner, making sure to get into the inner corner."

4"To add the smoky effect, blend shadow into your socket line so it's nice and soft. Move back and forth and then in circles to blend the edges."

"Be sure to have well-defined brows and a soft lip to balance your look."





STEP ONE: EXFOLIATE

For skin to absorb moisture optimally, it must be clean and debris free. **Hydraluron Facial Powdered Exfoliator** is a water-activated enzyme micropowder that gently buffs away any dead skin cells and other congesting particles that can hinder hydration. Packed with key natural ingredients like bamboo extract and rice-bran powder, the gentle foam delivers superior skin resurfacing without harsh abrasives, leaving skin smooth and luminous. Simply add a little water to two small shakes of powder and massage over face and throat, avoiding the eye area.





STEP TWO: TREAT YOUR SKIN

Parched skin requires the intense moisturisation that a facial mask delivers. **Hydraluron Moisture Boosting Mask** has a unique 3D enzyme structure that allows for a slow release of hyaluronic acid over time, providing better hydrated, nourished skin that is smooth, soft and luminous. Just apply it to cleansed and exfoliated skin once or twice a week. Simply unfold the mask and then gently press it into the contours of your face. Relax for 15 minutes, before removing the mask, massaging remaining the serum well into your skin. Follow with **Hydraluron Moisture Serum** and **Jelly**.

WHAT IS HYALURONIC ACID?

Hyaluronic acid (HA) is an element that is naturally present within our skin. It acts like a sponge, drawing moisture to the dermis and maintaining healthy hydration. With age, our natural stores of HA deplete. To try and counter this and keep skin well moisturised, Indeed Laboratories includes scientifically developed HA in its Hydraluron range.

Get back your glow

Want a beautifully moisturised, glowing complexion? This four-step skin care system can deliver the skin that you seek.



STEP THREE: SERUM

A serum targets specific skin issues, addressing them quickly, offering fast relief. **Hydraluron Moisture Serum** uses targeted, pure hyaluronic acid and red marine algae, to deliver immediate and long-term hydration. Upon application, it works to plump and firm skin tissue, restoring elasticity and reducing roughness. It boosts the actions of your moisturiser by stimulating cell turnover, thereby accelerating moisture uptake. Twice a day, smooth a small amount over cleansed skin prior to applying moisturiser.

At Indeed Laboratories, skincare concerns are addressed with innovation by targeting optimal, cutting-edge technology and using only high concentrations of active, effective ingredients.



boost Hydration

HYDRATION Scan this page with the free viewa app to shop the entire Hydraluron range.

STEP FOUR: MOISTURE PLUS

Rehydrate and soothe your thirsty skin with an efficient, easily absorbed moisturiser such as **Hvdraluron Moisture** Jelly. This unique jelly-like moisturiser immediately soothes skin, delivering pure moisture where it's needed the most. Offering daylong hydration, it also protects against further moisture loss as it leaves skin glowing. Just apply a pea-sized amount twice a day after your serum.



Available at:

www.beautyhq.com.au, Priceline Pharmacy, selected Terry White Chemists, Discount Drug Stores,

L A B O R A T O R I E S Soul Pattinson Chemist, Good Price Pharmacy, Chemmart, Blooms and leading pharmacies nationally.





SOS#3

Your eyes are as puffy as your jacket!

TRY... A rejuvenating eye gel

The lack of sunlight, paler skin and the standard seasonal allergies make winter the worst time for puffy eyes and dark circles. Opt for a cooling eye cream loaded with superfoods to soothe and calm this sensitive spot.

The Body Shop Drops of Youth Eye Concentrate \$33.95 thebodyshop.com.au



That wrinkle was definitely not there vesterday!

TRY... Repairing with a serum

Thinking of investing in a serum? Now is the time! Dry, thirsty skin will lead to premature wrinkles. Souped-up serums have a thinner consistency, allowing the antioxidants and

skin-loving ingredients within to penetrate deeper.

nu'trir Collagen Boosting Peptide Serum **\$34.95** nutrir.com.au



Dr. LeWinn's Private Formula Miracle Radiance Renewal Serum **\$49.99** 1800 651 146

Moreish Reawaken Eye Cream **\$19.99**

1300 884 411

SOS#5

Tight skin

TRY... Upgrading your cleanser

Stepping out of the shower with super-tight skin? Your cleanser could be the culprit. Hardcore foaming astringents are fine in summer, but can strip your skin when the weather cools. Switch to an oil or balm, which calms your complexion as it cleans.



Avène XeraCalm A.D Cleansing Oil **\$41.95** 1800 678 302

SOS #6

ou've heard of chapped lips, but chapped cheeks?

TRY... Boosting with a balm

If you spend time outdoors, you've got to replace the oils the elements take away. Because of their thicker formula, balms create a barrier on the skin, letting the hydrating processes within do their thing without disruption.

NATIO



1880 120 st G

Natio Argan & Almond Facial Cleansing Balm **\$16.95** (03) 9415 9911





400 m €/13.52 FL.OZ

SOS #7 Breakouts in winter? WTF?

TRY... A balancing mist

Reckon pimples are strictly a summer issue? Think again! Flaky skin blocks pores, which leads to breakouts. Balance out with a face mist featuring witchhazel to decongest, and rose to calm.



Puretopia Refresh & Balance Facial Mist & Toner **\$14.95** (02) 8709 8800







Eliminate hunger the Eva way and burn fat fast

va Mendes is certainly easy on the eye - just ask her babydaddy Ryan Gosling!

But as a busy new mum to 10-month-old daughter Esmeralda, she exercises for energy and inner health, not just a trim tum.

"I'm like every other woman in the world and I don't say, 'Yay!' I'm going

to be in the gym for two hours," says Eva, 41. "It's something I find extremely beneficial and I do it."

To ensure she can keep up with her tiny tot, the actress keeps her diet nourishing - not punishing - by reaching for protein, healthy fats and fibre with every meal.

"Fibre is one of the key aspects for helping you lose weight," nutritionist Joanna McMillan tells *NW*, adding that it can dramatically cut down your appetite.

"It actually absorbs water in your gut, swells and that filling nature reduces hunger pangs and helps you eat less."

Not only that, but fibre can reduce bloating and boost your body's ability to process sugars. If it's working for Eva, we're on board! ■

How does fibre help you lose weight?

"Soluble fibre forms a gel in your gut and that slows the attack of enzymes, particularly on carbohydrates - their digestion is slowed down" explains Joanna. "So effectively, soluble fibre is lowering the glycemic index of the meal, which lowers your blood glucose responses, postpones the return of hunger and sees your body produce less insulin - the hormone responsible for fat storage."

'-FIGHTI

Having loads of insulin in your system means your body wants to store fat, so improve your insulin sensitivity to melt your muffin-top with these food swaps!

Swap refined carbs...

"Eliminate these rather than demonising the slice of wholegrain bread you have with your poached egg in the morning," says Joanna.

- * Cake even the fruity ones
- * Biscuits sorry, Tim Tams!
- * Soft drink water you drinking that for?
- * Refined grains white ain't alright!

...for fibrous carbs

- "It's really difficult to reach fibre requirements without having any of these foods," says Joanna.
- * Wholegrains rolled oats, barley and quinoa are where it's at!
- * Legumes lentils, beans and chickpeas sure know
- how to please * Whole fruits - to shrink your caboose, avoid them juiced!
- * Vegetables cleansing broccoli is nature's broom!









MON Harrison Ford, 73. Patrick Stewart, 75 TUES Matthew Fox, 49 WED Taylor Kinney, 34. Diane Kruger, 39 THURS Will Ferrell, 48. Jayma Mays, 36 FRI Camilla Parker Bowles, 68. David Hasselhoff, 63 SAT Richard Branson, 65. Kristen Bell, 35. Chace Crawford, 30. Elsa Pataky, 39 SUN Benedict Cumberbatch, 39

The week ahead with Adele Lang

Cancer JUNE 22 – JULY 23

Ignore detractors and envious colleagues at work. According to planetary patterns, you are well on your way to turning corners career-wise. Luckily, friends and family will be more helpful when it comes to supporting some seriously ambitious goals.

Leo JULY 24 – AUG 23

You should go out of your way to do good deeds this week – not that that's a tough ask for a typical Leo. That said, you can sometimes get too caught up in your own world to worry about others, so take time out to help other people without them having to ask you in first.

Virgo AUG 24 – SEPT 23

Venus is in danger of making you a bit too flash with your cash.

While A-listers can get away with spending like crazy, the average Virgo is advised to spend with

caution. Treat yourself, by all means
– but please make sure you've got
enough left for the rent!

libra SEPT 24 - OCT 23

Social connections could lead to excellent work prospects this week. This means you'll need to RSVP promptly and in the positive to any invitation that comes your way. Now is not the time to come over all shy and retiring – it's about putting youself out there!

Scorpio OCT 24 - NOV 22

Misery might love company, but that doesn't mean you have to be the company! In fact, some forever-forlorn friends need to be avoided completely. Your life will be a lot happier if you make it your mission to hang out with positive types only. **Sagittarius** NOV 23 - DEC 21

The Moon's influence might be raising your sex drive, but that doesn't mean this week will be a nonstop shag-fest. Indeed, most Sags will be too caught up with career demands to do much about lustful feelings – that is, unless a sexy colleague steps in to help...

Capricorn DEC 22 - JAN 20

You should stop taking your family's personal problems to heart, although that's perhaps easier said than done. You're only poing to make your life worse by getting so involved. Be ruthless for once and make a concerted effort to focus on anything but.

Aquarius JAN 21 - FEB 19

Going on a trip might not be a big deal for jet-setting types, but most Aquarians are probably dying to get away. Don't let pals, parents or partners put you off – travel solo if need be. Your chart indicates bad blood all around if you don't escape some time soon.

Pisces FEB 20 - MAR 20

Solar activity in Aries makes you keen to start new projects. While your ideas are great, support from people around you may be a tad lacking. Rather than rant at negative sorts in your midst, consider going it alone. After all, it won't be you who ends up kicking themselves.

Aries MAR 21 - APRIL 20

You shouldn't worry too much about the moaning grown-ups in your life. Many of their problems are First World ones. To save yourself from unnecessary drama, it's best hang out with kids. Their take on life will probably prove far more honest and refreshing.

Taurus APRIL 21 - MAY 21

Solar activity suggests you could benefit from in-depth conversations with people who don't yet play a major role in your life. Loved ones are biased and their advice won't necessarily serve your current cause. Strangers, however, might be able to shed light on dark subjects.

Gemini MAY 22 – JUNE 21

The Moon is in your sign this week, so that should bode well for romance. Twin types in twosomes will find partners more willing to talk about plans for the future. As for those of you without a plus-one at present, you should at least score a date!

Your weekly LOV **E** planner

- Romance looks set to be a scorcher
 Might be more fizzle than sizzle
- The state of the s

	Aries	Taurus	Gemini	Cancer	Leo	Virgo	Libra	Scorpio	Sagittarius	Capricorn	Aquarius	Pisces
MON	*	***	Y	*	*	*	**	**	***	**	*	***
TUES	**	*	~	**	***	*	***	*	***	**	*	•
WED	•	***	*	**	•	**	*	***	**	***	*	**
THURS	*	•	**	***	**	*	•	**	•	*	**	*
FRI	**	*	***	•	*	•	**	•	***	***	*	•
SAT	***	**	*	•	***	***	*	***	*	~	***	**
SUN	*	***	•	*	•	**	***	*	•	**	*	***



Editor-In-Chief Nicole Byers *Editor* Mark Brandon

Acting Deputy Editor Hilary Bloomfield Associate Editor Frances Kindon

ART

Art Editor Hayat Sanli **Deputy Art Editor Luke Worsfold**

NEWS & FEATURES

News Editor Catherine DePicarda Entertainment & Features Editor

Jenna Good

Senior Writer Alexandra Sutton Writer Jennifer Fletcher Digital Editor/Junior Writer Jessica Lynch

COPY

Chief Subeditor Karl Mayerhofer **Deputy Chief Subeditor Luke Anisimoff** Senior Subeditor Hannah Warren Senior Subeditor/Writer Christine Estera

Acting Picture Editor Rachel Bone Assistant Picture Editors Laura Anschau, Emma Shepherd

LIFESTYLE

Fashion Editor Lattitia Taylor Senior Beauty Editor Laura Wilson Lifestyle Assistant Imogen Jones Beauty Assistant Amber Elias

Production Editor Laura Cooper Production Controller Hannah Blackiston Advertising Coordinator Kiara Mazzarolo Thanks to Sarah Farago, Rosie Levine, Sara McLean, Molly McCarthy, Jill Richards, Danielle Wardell

ADVERTISING

Head Of Commercial Categories Mark Driscoll

Amanda Atkinson NSW (02) 8114 6091 Vic (03) 9823 6309

MARKETING Group Marketing Manager Louise Cankett Marketing Manager Tim Medway Assistant Brand Manager Lauren Maras

SYNDICATION

syndications@bauer-media.com.au

CEO David Goodchild **Publisher** Jayne Ferguson Director of Sales Tony Kendall
General Manager Marketing Natalie Bettini Research Director Justin Stone Group Manager - Brand Advertising Strategy Simon Davies

Commercial Manager Lucille Charles

NSW Sales Director Joanne Clasby National Circulation Manager **Paul Weaving** Circulation Manager Jennifer Lewis

Circulation Manager Jennifer Lewis

NW Volume 23 Number 29, Price 4.9.9, Published by
Bauer Media, part of the Bauer Media Group ABN 18 053

273 546, 54-58 Park Street, Sydney, New Youth Wales,
2000. PMP Limited, 31-37 Heathcote Road, Moorebank
NSW 2170. Distributed by Network Services, Sydney,
Subscription rate: Australia (surface mail): 12 months,
5234; New Zealand (airmail): 12 months, 5231. Remit
to Bauer Media Ltd, Reply Paid 5252, Sydney, NSW 2001.
Or call 136 116 between 8am and 8pm Monday to Friday,
or 8am and 6pm Saturday AEST. © 2015 Bauer Media Ltd.
All rights reserved.

ISSN 2205-0167



MEDIA GROUP

LET'S CHÂ





Instagram



twitter.com/



bauer-media. com.au



For your chance to be featured here, hashtag #iheartNW on Instagram and show us your fave place to catch up on your celeb goss!

Three Essentials: Nails, Rings and NW. #nails #rings #manicure #NWmag #gossip #bestmag #myfavorite #iheartNW @nwmag @jhesus_and lauren



#catching up on my celeb gossip in my overwater bungalow in #borabora on my honeymoon #iheartNW #nwmag @citcatmartin

what You're happy that Mila and Ashton got hitched!

> These 2 are the best looking couple. Jason M Bradford



Yay! Love these two The Lounge L.A.



loved North's style!

> So cute **Elaine** Christopher

Gorgeous. Princess Kate needs some serious fashion advice from the Kardashians for her kids, don't

Alicia Brady Dinnie

vou think?



SUBSCRIBE NOW & SAVE!

Never miss your weekly fix of the hottest gossip, shock pics and latest A-list fashion trends!

▶ 10 issues for \$10

► FREE delivery to your door

ONLY \$39 every 13 issues after that

To order, visit magshop.com.au/NW or call 136 116 and quote M1501NEW



NWpuzzles



Who am 1?

quin \$100 ► I was born in Pennsylvannia in 1989.

➤ When I was 14 my family moved to Nashville, Tennessee so I could pursue my music career.

► I count Karlie Kloss, Lorde,

Selena Gomez, Ellie Goulding and Ed Sheeran among my besties.

- ►I have released two perfumes.
- ►I made my acting debut on CSI, and starred in the rom-com Valentine's Day.
- ► I have two pet cats named Meredith Grey and Olivia Benson.

to enter SMS 199 47 474 SMS cost 55c (inc GST) OR CALL 1900 967 474 Call cost 55c (inc GST)

Calls from mobiles cost extra. SMS or call with the answer, your name, address and daytime phone number.

Salmat Digital Pty Ltd Helpline: 1300 131 276. Entrants under 18 must seek bill payer's permission to enter. Competition closes 23:59 AEST on 2/8/15. Open to Australian residents. Drawn at 11:00 AEST on 4/8/15. For conditions of entry, visit nwonline.com.au. Authorised under permit numbers NSW: LTPM/13/00069; ACT: TP13/00146

Name that star!

Hidden in the box are some celebs' names. Use the pics to help you find their names, which are split into two and can be found in straight lines up, down, forwards,

backwards or diagonally. The leftover letters reveal the name of another star.

Win

P E R R Y M I E L L E
I M C L A R K E M L N
B O E H H G I A I I E
R N N C L B R J T V Y
P, A U W O B G A S A Y A
D E H O O H U N I S S
al N A R T O J S N L C D
N E T P O D O T I O N
S I B I E B E R M T I
P A F F L E C K E T L

TTARPDISICK





















Margot Robbie

Scott Disick

SMS 199 99 333 SMS cost 55c (inc GST) **OR CALL 1900 969 333** Call cost 55c (inc GST)

Calls from mobiles cost extra. SMS or call with the answer, your name, address and daytime phone number.

Salmat Digital Pty Ltd Helpline: 1300 131 276. Entrants under 18 must seek bill payer's permission to enter. Competition closes 23:59 AEST on 2/8/15. Open to Australian residents. Drawn at 11:00 AEST on 4/8/15. For conditions of entry, visit nwonline.com.au. Authorised under permit numbers NSW: LTPM/13/00070; ACT: TP13/00144

SUDOKU

Fill in the blank squares so that every row, column and 3x3 square contains all numbers from 1 to 9.

				7			6	3
		8				7		2
	9				6			
				6	8			9
2			5	3	1			
		6	7	9		4		1
	5				3	2		
9								4
4	1		6		5		3	

Winners

~ ~

	В		N		L		S		J		С		D		_	_	_	_
S	Ē	L	E	N	A	П	H	E	A	Ŧ	H	E	R					
	İΕ	Ē	ī				Υ		ĺΝ		E	Ē	ĺΕ					
U	s	E	Ĺ	Ε				н		В		Ε	w					
	Ť	Y		М				E		Ē		N						
U	Т	Ε		Т		D			A	Т	Т	N	G					
	E		W	R	Ē								Α	Т		D		С
T	R	Т	0		L				Is	п	Ε	В	В		М	T	П	Α
	М		0	F	F	Α	N			N						0		К
L	1	N	D	Α		R	Ε	Α	Ρ		R	Ε	C	Н	Α	R	G	E
	N		s	N	0	0	Т	Υ			0	D	0	U	R		IA	
Р	Α	W			Ė	M			S	К	Υ		М	E	Т	Т	L	Ε
	T		J	Α	М	Α	Т						I	S		Н	Α	М
٧	0	Y	Α	G	Ε		G		G	E	L		C			Τ		U
	R		М	Ε	Α	S	L	E	S			T	Т	L	Α	N	D	S
Г					Т	0	0			S	Ε	Ε	S	Α	W		0	
										Т					Ε			S
						D		ΙE	X	1	S	T	E	D		1		P
					К	1	W	1		R	Ε	Р		0	М	Ε	G	Α
						E		S	0						Α			
L					С	R	Ū	Z		Ρ	Τ	G		S	С	Ε	N	Ε

Picture quiz answers

A Delta Goodrem B Katy Perry C Khloe Kardashian D Jennifer Lopez E Kylie Jenner

Crozzle No. 23/15

J. Burton Flinders, NSW **Solution**

Who Am I? No. 23/15

J. Ryan

St Ives, NSW

Solution Mariah Carey

Name That Star No. 23/15

K. Dwyer East Victoria Park, WA Solution

Sia Furler

Last week's Sudoku

8	9	3	4	1	2	6	7	5
5	2	6	8	7	9	1	3	4
4	7	1	5	6	3	8	9	2
7	4	8	2	3	5	9	6	1
2	1	5	7	9	6	3	4	8
6	3	9	1	8	4	2	5	7
3	8	7	9	5	1	4	2	6
1	6	4	3	2	7	5	8	9
9	5	2	6	4	8	7	1	3



HAND CANDY Whose blingin' fingers?





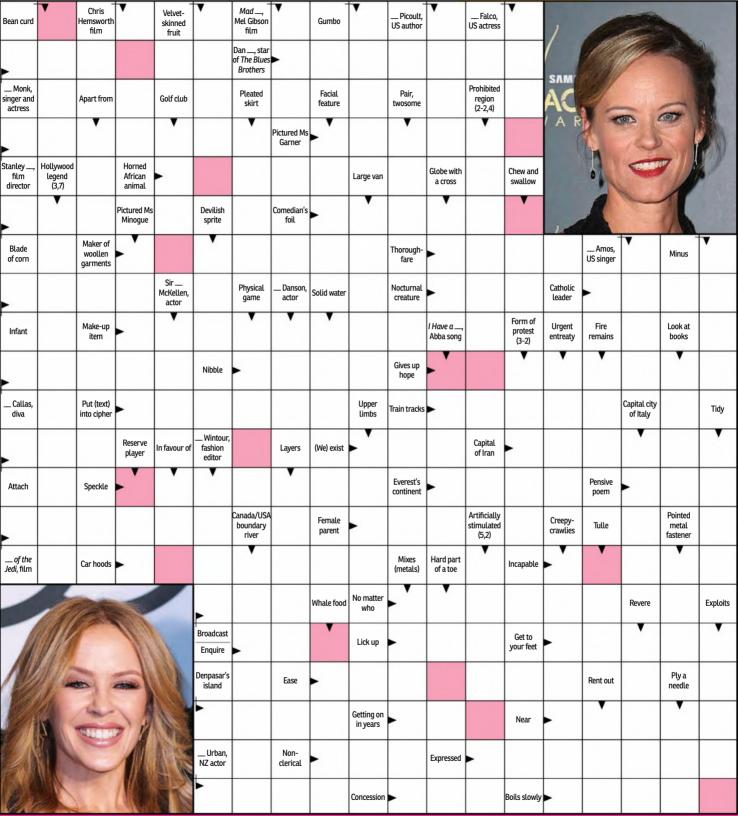






CHOOSE FROM THESE CELEBS!
Kylie Jenner, Khloe Kardashian, Katy Perry,
Jennifer Lopez, Delta Goodrem

CROZZLE Suin \$250



to enter

SMS 199 94 555 SMS cost 55c (inc GST) **OR CALL 1900 964 555** Call cost 55c (inc GST).

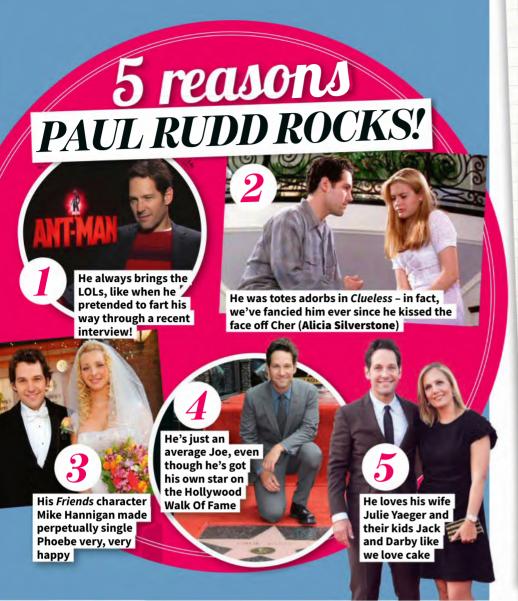
Calls from mobiles cost extra. SMS or call with the answer, your name, address and daytime phone number. When you have solved the Crozzle, the letters in the shaded squares, reading left to right, top to bottom, reveal a TV show in which the pictured actresses starred (3, 9, 4).

Salmat Digital Pty Ltd Helpline: 1300 131 276. Entrants under 18 must seek bill payer's permission to enter. Competition closes 23:59 AEST on 2/8/15. Open to Australian residents. Drawn at 11:00 AEST on 4/8/15. For conditions of entry, visit nwonline.com.au. Authorised under permit numbers NSW: LTPM/13/00069; ACT: TP13/00146











FEUD

TO MARK FAMILY FEUD'S FIRST BIRTHDAY
THIS WEEK, WE TURNED THE TABLES ON THE
HOST TO TEST HIS POP-CULTURE KNOWLEDGE....

- Which Aussie rapper dissed Britney Spears after doing a song with her? Oh no she didn't
- Which film won Best Picture at this year's Oscars? Obviously a good one...
- Which fellow pop star is Taylor Swift currently involved in a feud with? Katy Perry Taylor is full of bad blood!
- Which A list couple have just announced their divorce? What a way to celebrate an amazing 10 years c'mon, Ben Affleck and Jen Garner!
- Which former *Playboy* bunny has just released a tell-all book about her sordid experiences at the Playboy Mansion? The blonde one?
- What's the name of Beyoncé and Jay Z's daughter? Blue Ivy.
- Which hilarious actress is Jurassic World star Chris Pratt married to? The only other person that would collect bugs... Anna Faris.
- Which One Direction member broke hearts this year by leaving the band? Zayn Malik

 he obviously wanted to explore other directions. Going in the same direction would be so boring.
- Which Kardashian said, "The bigger the hoop, the bigger the ho!" The one starting with K...?
 Which brunette bombshell is engaged to Magic
 - Which brunette bombshell is engaged to Magic Mike hottie Joe Manganiello? Sofia Vergara.

Family Feud's first birthday week Mon-Fri 6pm on Ten

ANGWERS: 1 IGGY AZALEA. 2 BIRDMAN. 3 TAYLOR SWIFT. 4 BEU AFFLECK AND JENNIFER GARNER. 5 CRYSTAL HARRIS. 6 BLUE INY. 7 ANNA FARIS. 8 ZAYN MALIK. 9 KHLOE. 10 SOFIA VERGARA.

Score 7/10

JON DEAD... OF DOIS

Fans mourning the loss of Kit Harington's *Game Of Thrones* character Jon Snow can take comfort in this latest tidbit from his co-star **Emilia Clarke**! "I mean, if I had to bet, I'd say there's

"I mean, if I had to bet, I'd say there's a 50/50 chance [of him coming back]," Emilia spills. "I mean, there's some helpful people there who could

bring him back to life."

Meanwhile, Kit was spotted at Wimbledon still rocking his Jon Snow 'do, fuelling even more speculation his departure isn't a done deal!





he might have puppydog eyes and pinchable cheeks, but judge Selena Gomez by her Disneyprincess past at your peril! These days, she's oozing the kind of red-hot sex appeal that can't be denied! Case in point, her raunchy music video for Good For You featuring A\$AP Rocky, which sees her writhe around naked in a steamy shower! How very un-Selena!

But with her 23rd birthday right around the corner, the singer-actress slashie admits she's ready to show the world the woman she is.

"I feel like I just got started," she tells NW. "This next musical chapter is going to be really fun."

We bet! We caught up with Sel to talk movies, moods and men...

Woah, Selena - the video for Good For You is totally hot! Is this the start of a new, grown-up you? It's hard being 15 years old and writing about going to the club. I had four number-one club songs and I had never even been allowed to be in a club! So there is a lot of stuff that I have been able to experience now that I want to speak about.

You've also got four movies in the pipeline. How do you prepare for acting roles? It depends for each part. I have never really stuck to one character. The parts that I have been doing lately are all different and I have different ways to prepare. I am really dramatic in general and I think that is why I really love acting. I can get out all of my crazy, dramatic tantrums through acting on a screen.

Your career has taken off big-time - what else would you like to see happen in your life over the next few years? I wish I could tell you. I want to be that person that can say, "I hope I can do this and have this and be happy," but I am just not.

Sel tones down the sexy alongside Josh Hutcherson for her upcoming flick In Dubious Good Battle for her Good For You has been Sel's highestdebuting single to date – hey, sex sells! What is it that you want to have? I am from Texas and I thought by now that I should have kids and be married, because that was my life and now it is not my life. But it must be fun for you being a big sister to two-year-old Gracie? Well, I'm 22 years old, so it took my parents a minute! But no, it's the greatest feeling and I think the age difference makes me almost like a cool aunt. So I don't have to deal with fighting over boys and she can have my clothes when I am in a totally different phase of my life. I get the cool part. Have you had a chance to babysit yet? No, my parents don't trust me yet, which is funny and I don't blame them. I would want to stay up with her until midnight and watch movies and give her candy and cola. They are super strict and are like, "Put her

to bed on time," and "Give her healthy stuff." I'm like, "Give her some ice-cream!" I respect that, too, and I get why I wouldn't be the first choice, but they will ease up later.

What sort of stuff do you like doing on your days off? It depends. I love sleeping, even though I don't do it often! I love being with my friends. When I'm working, I'm horrible at responding to text messages because I am just going and going. So when I get home, I love being with my friends and getting to hang out. We usually cook. I cook a lot. I do lettuce wraps, I do stir-fry, I love cooking teriyaki chicken and shrimp. I just really got into cooking lately and I am obsessed with it. So that is something I love to do in my spare time.

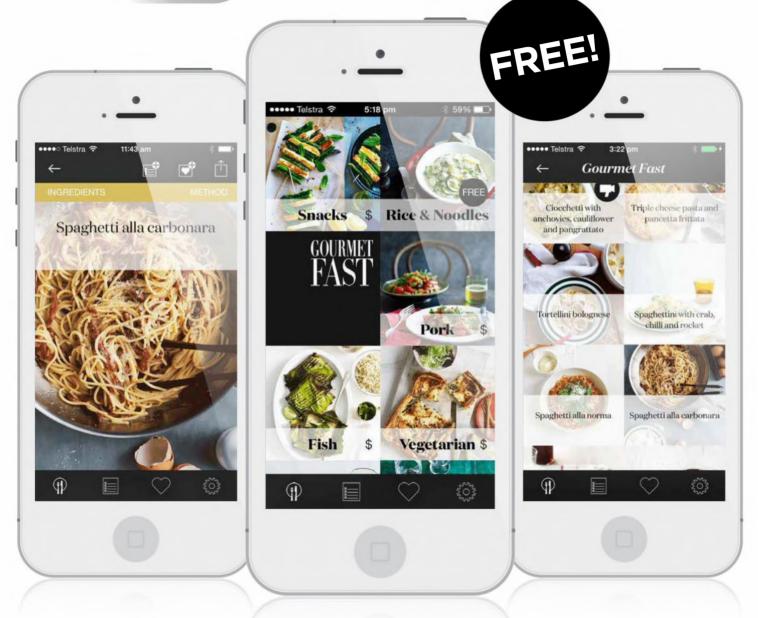
The sizzling starlet comes clean about getting dirty!



etting started



BIG ON FLAVOUR, SHORT ON EFFORT



140 TRIED AND TESTED GOURMET FAST RECIPES SHOPPING LIST / HOW-TO VIDEOS & MORE!

Search for **Gourmet Fast** on the App Store





NW Reality WEEKLY

YOUR Reality TV PLANNER



Tuesday

HOUSE RULES

7.30pm on Seven

With judgement day nipping at their heels, we're in for total chaos as the remaining three teams fight to impress the judges and earn their place in the grand final. And given that the prize is to have their mortgage paid off, it's no wonder



MASTERCHEF

7.30pm on Ten

they're feeling the pressure!

Expect one
seriously sweaty
brow when
the winner of
an earlier
contest
cooks for
immunity
against
MasterChef
mentor Shannon
Bennett. And to top
it off, terrifying chef
Marco Pierre White will



Will MIC's

fave couple

shack up? 👹

George, Matt

spice things up!

MADE IN CHELSEA

be leading the challenge!

9.30pm on

LifeStyle YOU

To key or not to key – that is the question! Spencer teases girlfriend Lauren with the chance of having a key to his apartment. Sounds serious

- but can he stay faithful?





What we're buzzing about this week!

The sought-after hunk admits it was fireworks from the start

st gets me!



MADE IN CHELSEA LOVE DRAMAS

Louise Thompson's never 'fessed up to cheating on Andy Jordan with One Direction's Niall Horan in 2013. So we bet she's raging after her tattle-tale bro Sam confirmed the tryst on Instagram. Posting a pic of a scoreboard, he wrote, "You may have canoodled with my sister @niallhoran, but I sir have beaten your Evian table tennis rally score #victory." Whoopsies!

It takes a lot for MIC's resident ice queen Lucy Watson to let a man into her life – especially after Spencer Matthews cheated on her in such a spectacular way. So she'll be furious to hear that her new fella James Dunmore has been spotted on popular dating app Happn! Although reports suggest the account is fake, we're not sure Lucy will be so easy to convince!

They fell head-over-heels in love last year, but judging by Stephanie Pratt's Instagram account, it seems she's parted ways with Josh Shepherd! As well as sharing snaps of herself celebrating the Fourth Of July with a host of hot men, the blonde babe's deleted all evidence of Josh on the

photo-sharing app! Her protective BFF Lucy must be loving this!







DINE ON TV

Want to be a TV star and eat some tasty tucker at the same time?

Well, Seven's new foodie show *Restaurant Revolution* is now open for business, giving you the opportunity to feast on delish dishes at five competing eateries in Sydney, Melbourne, Brisbane, Adelaide and Perth – all under the watchful eye of judges Neil Perry, Jess Ho, Erez Gordon and John Lethlean. Head to yahoo7.com.au/ restaurantrevo for more.









"I'm gonna kill you! Not cool, not cool," the Aussie pop princess hissed in response before ranting to the cameras.

"I'm not happy, I'm not happy to be thrown under. I'm furious. I think that was bullshit."

Language, Delta!

She's a woman on the edge alright – especially given the social-media backlash she's also facing, with former fans branding the blonde songstress a "douche" and "annoying".

And she shouldn't hold her breath waiting for an apology from Jessie!

"I know that Delta's annoyed with me, I know that she's quite genuinely angry," says the *Price Tag* singer.

"It's just who I am, man — I'm very honest. Sometimes people don't like it."

The Voice Monday & Tuesday 7.30pm on Nine. Battle rounds kick off Sunday 7pm





'I'm the real Magic Mike!'

With Ricky Martin, Delta Goodrem and the Maddens fighting over him, *The Voice* hopeful Scott Newnham appears destined for big things.

But if singing doesn't work out for him, the sexy star – who's a member of male strip revue Magic Men – can fall back on those abs of his!

"Perhaps I could see if I can get a part in *Magic Mike 3*," says the stud, revealing his smokin' beefcake squad scored an invite to a special viewing of *Magic Mike XXL*.

"Magic Men all got invited to go and watch Magic Mike, so we're all looking forward to seeing it," he tells NW. "I'm going to see if I can learn some new dance moves from Channing."





YOU'VE SEEN THEM BEFORE!



Popstars 2.0

You might recognise Daniela Scala – who failed to impress the coaches last Monday – as one of the members of *Popstars*' Season Two band Scandal'us. The group even scored a number-one hit with *Me*, *Myself And I*!

Second-chance spunk

Scott came eighth on Australian Idol in 2009, even though he'd never sung to an audience before – not even his mum! – before going on the show. He tells us it was just a warm-up for bigger things to come...







Ash Pollard

Rehearsing around the clock seems to be doing wonders for former My Kitchen Rules contestant Ash. who's honed herself a newly svelte figure training for her turn on Dancing With The Stars. The 28-year-old also boasted on Instagram that she's trimming "in all the right places", as well as divulging that she starts the day with porridge to sustain herself through the gruelling workouts.



Reality

ANA Z MAKEO



NOW THEN Following hot on the heels of her fellow Geordie Vicky, Holly embarked on a health overhaul that saw her drop from a curvy size 16 to a super-slim size eight. "I used to eat a hell of a lot of pasta and cheese," the 23-year-old admits. "I was a carb fiend!" But these days it's her toned bod that the boxing fan can't get enough of! "When I look in the mirror, I can happily put a bikini on," she adds.

The proof is in the throwback snaps for these slimmed-down reality stars

The proof is stars...



NW Reality WEEKLY

BRANDI Snaps

"Boys suck. I met
the hottest guy last
night and it turned out
he was married. There
we were flirting and he takes his hand
out of his pocket and he has a ring on!
I was like, 'You motherf**ker!' I wanted
to hit him in the face. The guys in LA
are all dating 20 year olds — and those
guys aren't cute, but they are rich.
They all have bad Botox and weird
hair. Every girl here is gorgeous, but
not the guys. I need to head back to Oz."



"Their baby will be the cutest kid ever! When Eddie and I were expecting, everyone was like, 'You're going to have supermodel babies,' and there was so much pressure! Our kids are gorgeous now, but poor Mason came out cross-eyed and had no hair on top, just on the side. There were such high expectations put on our offspring. I was like, 'Guys, leave him alone!' So I hope they have a healthy baby."

'I wanna get revenge like RiRi did!'

"Rihanna's Bitch Better Have My Money is about a cheating accountant? That's kind of amazing! I wish I had that kind of outlet where I could do a music video parody about my anger and not just stew about it."

Brandi's VERDICT

'I get to pick what I do next.'

'I've had to make some legal decisions.'

'Caitlyn's world is so interesting!

"Caitlyn Jenner and Candis Cayne are getting close? When Caitlyn said she was heterosexual, I really thought she meant heterosexual as a woman. It's a very interesting world. And can I just say Caitlyn looks amazing? She's so slim – and those eyebrows!















bandonks, with butt-naked Biebs racking up a whopping 719,000 likes in just one hour!

its own thanks to the pic his wife Chrissy Teigen shared of his pert derriere!



Emily's too cool for pool!

As if a sunny Hamptons holiday wasn't enough to boast about, Emily Ratajkowski has to go and rub her stunning bikini bod in our faces via these oh-so-natural Instagram snaps of herself relaxing by the pool. If anyone needs us between now and summer, we'll be at the gym doing nonstop crunches...

OH BROTHER, where art thou?

You sure kept this one quiet, Zac Efron! It was swoon central here in the NW office when we copped a load of the hunky actor, 27, getting a piggyback ride from his shirtless – and equally sizzling – little brother Dylan, 23, on Instagram last week! Good genes clearly run in the Efron family. Encore!





Fair shake of the sauce bottle! Cara Delevingne, Harry Styles, Mel C and David Beckham have all been immortalised using a variety of condiments – including tomato and barbecue sauce, mustard and mayonnaise – for Cancer Research UK's Big BBQ Weekend campaign.



RUMOUR was has it!

Amanda Seyfried cried when Mark Wahlberg stole her dog!



TRUE

"He took it to the next level," Amanda says of Mark's prank on the *Ted 2* set. "He took my dog and he hid him!"



Jennifer
Aniston is
obsessed
with men
smothered
in
aftershave

FALSE

"I'm very anti-cologne on men," she says. "I love the way they smell naturally. Their own eau de sweat." Ew!

Kim Kardashian hired a personal trainer for North!



TRUE

"She has one of her fitness gurus work out with Nori," spills our insider. "She wants her to be the perfect specimen."

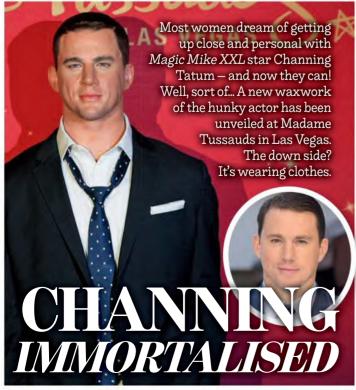
Style steal

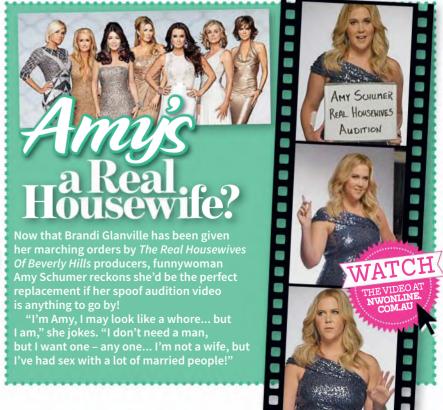
As Kendall morphing tuto Kriss

We knew we'd seen the cream outfit Kendall Jenner rocked on the Chanel Couture runway at Paris Fashion Week somewhere before. On her mum Kris – well, one like it, anyhow! And with that short 'do, the reality teen queenturned-model is a dead ringer for her mumager. Has Chanel boss Karl Lagerfeld found himself a new muse?













Angelina Jolie infamously turned Brad Pitt's head on the set of Mr. & Mrs. Smith in 2005 - marking the beginning of the end for his five-year marriage to Jennifer Aniston - so it's no wonder Hugh Jackman's wife Deborra-Lee Furness isn't keen for her man to work with the actress! "I've told his agent he's not allowed to work with Angelina," she giggled recently.



The amount Chris Brown forks

out per month in child support for his daughter Royalty.

12,500,000

The staggering advance the One Direction boys were given for their Where We Are Tour.



MILLIO

Rihanna's record-breaking total digital sales. Go, RiRi!





The cash Jamie Dornan is splashing on a secluded California home for his family.

ller Coaster c







NEEDS WORK



IT'S OFF

After Rita Ora was spotted with a ring on that finger at LAX airport last week, rumours are swirling that she and boyfriend Ricky Hilfiger are engaged! "She's obviously got her fantasy wedding all lined up in her mind and must definitely think Ricky is The One, spills an insider.



Congratulations are in order for Mila Kunis and **Ashton Kutcher** - the pair have finally tied the knot! Yep, that's 17 years after they first met on the set of That 70s Show, where **Ashton was** Mila's first kiss!



There were rumours of Jennifer Lawrence bouncing between exes Chris Martin and Nicholas Hoult, but it looks like the Coldplay singer won - he and J-Law spent the Fourth Of July weekend together





<u> Posh & Becks' sweet 16th</u>



KARDASHIANS

Could a 16th wedding anniversary look any cuter?! To mark the milestone, Victoria Beckham shared an adorbs snap of herself with hubby David and their kids Brooklyn, 16, Romeo, 12, Cruz, 10, and Harper, four. "I'm so proud of our beautiful family," she wrote. Meanwhile, Becks posted a shot of his own, captioned, "Thank you for giving me our amazing little ones." Aww!



ON YER BIKE, RUBY!

It seems orange isn't really the new black for Ruby Rose, who donned leathers for a black-and-white biker-themed shoot for *Interview* – so is she over the show? Hell no! "To me, the most important thing is being able to be on set with these amazing actors, writers, directors and producers," she tells the mag. "That kind of experience is one of a kind." The world is her oyster!





Thanks to NW, Universal Sony Pictures Home Entertainment and the release of Keeping Up With The Kardashians: Season 10 Part 1, you could win the ultimate Keeping Up The Kardashians DVD pack.

TO ENTER Send your name, address and contact number to nwmagcompetitions@bauer-media.com.au and tell us, in 25 words or less, which Kardashian sister you are most like and why.

Competition opens on 13/7/15 and closes at 11.59pm (AEST) on 19/7/15. Open to residents of Australia aged 18 years and over. One entry permitted per person. This is a game of skill, not a game of chance. For full terms & conditions go to http://www.bauer-media.com.au/terms/competition-terms. Please see contents page for location of privacy notice. If you do not want your information given to any organisation not associated with this promotion, please indicate this clearly on your entry. The Promoter is Bauer Media Pty Ltd (ABN 18053 273 546).











Dolly Doctor



Harper's Bazaar TV



Gourmet Traveller Restaurant Guide 2014



Gourmet Fast



TV/ Weel



Cosmo TV



Cosmopolitan Australia

GO BEYOND THE PAGES OF YOUR FAVOURITE MAGAZINES



